

Knife Disarming Practical List

- 1 Basic Knife Handling
 - a. Holding Knife correctly
 - b. Passing a Knife safely
- 2 Stance and Transitions
 - a. Standing
 - b. Kneeling
 - c. Sitting
 - d. Ground Defense
 - e. Ground Guard
 - f. Prone
- 3 Surrendering Firearm to Law Enforcement
 - a. Taking Cover – Calling 911
 - b. Acknowledge Presence
 - c. Surrender Knife
- 4 Verbal Skills
 - a. 60 Second Rap
 - b. Control Commands
 - c. Requesting assistance
- 5 Survival Surrender Position
 - a. Hands
 - b. Head
 - c. Neck
 - d. Body
 - e. Ability to fake a medical condition
- 6 Knife Disarming Techniques – Front Lunge – RIGHT/LEFT HAND
 - a. Distraction
 - b. STOP motion of blade
 - c. Pull and Pivot
 - d. Break and Disengage
 - e. Striking - Kicking
 - f. Deadly Force
- 7 Knife Disarming Techniques – Front OVER HEAD – RIGHT/LEFT/BOTH
 - a. Distraction
 - b. STOP motion of blade
 - c. Pull and Pivot
 - d. Break and Disengage
 - e. Striking - Kicking
 - f. Deadly Force

- 8 Knife Disarming Techniques – Slice Attack – RIGHT/LEFT/BOTH
 - a. Distraction
 - b. STOP motion of blade
 - c. Pull and Pivot
 - d. Break and Disengage
 - e. Striking - Kicking
 - f. Deadly Force
- 9 Knife Disarming – Ground RIGHT/LEFT/BOTH
 - a. Distraction
 - b. STOP motion of blade
 - c. Lift - Redirect
 - d. Break and Disengage
 - e. Striking - Kicking
 - f. Deadly Force
- 10 Scenarios
 - a. Standing Right Hand
 - b. Standing Left Hand
 - c. Standing Both Hands
 - d. Standing Rear – Right Hand
 - e. Standing Rear – Left Hand
 - f. Standing Rear – Both Hands
- 11 Instructor Debrief
 - a. STOP
 - b. STAND DOWN
 - c. INSTRUCTOR RECOVER
 - d. IS EVERYONE OK
 - e. WHAT WOULD YOU DO DIFFERENTLY
 - f. COMMENTS
 - g. DEMONSTRATE HOW TO RE-TEST A STUDENT
- 12 Intervention Options
 - a. Verbalize
 - b. Disengage
 - c. Control/Stabilize
 - d. Escalate
- 13 Deadly Force Justifications
 - a. Felt like my life was in immediate danger
 - b. Exhausted all verbal strategies
 - c. Unable to disengage
 - d. Exhausted and unable to defend myself
 - e. If I did not do what I did I know I would have been killed