



US FIGHTING SYSTEMS

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GROUND TACTICS – GUN DISARMING - ICP

This Ground Survival Tactics program is a series of real world based programs designed to educate, train and prepare you in Ground Survival Tactics that are field tested and proven for surviving real world attacks. This course is designed to enhance your personal development in not only the physical response but in the mental commitment, emotional trauma and the legalities that follow these violent and dangerous attacks. The Firearm in America is recognized as the American Martial Art, and the possibility exists that if you are in a ground attack the person you are defending yourself from may have a firearm. Being unable to identify, disarm and control not only the attacker but the weapon itself is vital to not only winning but your life! This program was developed and is conducted by US Fighting Systems. Student will be issued a certificate of completion for each ground program they attend.

Topics covered in this program are:

- Understanding basic firearm facts
- Survival Surrender Position
- "C" Clamp Methods
- Basic firearm attack positions
- Action and Reaction Exercises
- Knowing what to do when your shot
- Working with one hand
- Basic Disarming Tactics
- Front and Rear concerns
- Close Quarter Release techniques
- Fighting through the attack
- Clothing and environmental issues
- Liability and legal issues

Duration: **Basic 4 Hours**
 Basic Instructor 12 Hours

Tuition: **\$TBA**

Equipment Required: Clothing and footwear for dynamic activity and self-defense instruction, notebook and pen, 50 3x5 index cards with whistle and lanyard. Personal protection gear recommended elbow and knee guards, groin protection and mouthpiece. **No recording or taping devices allowed. We will offer you additional access upon completion of the seminar.**

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