



US FIGHTING SYSTEMS

www.usfightingsystems.com

GROUND TACTICS – GROUND ESCAPES AND POSITION MANAGEMENT - ICP

This Ground Survival Tactics program is a series of 8 programs are field tested and proven for surviving real world attacks. This course is designed to educate, train and prepare you in Ground Survival Tactics that enhance your personal safety in not only the physical response but in the mental commitment, emotional trauma and the legalities that follow these violent and dangerous attacks. **If the training you are receiving is NOT field proven then you are going into battle with a theory and are being tested as the guinea pig.** We will address the legal liabilities specifically designed for personal defense. Introducing effective escapes from ground attacks when you find yourself either on top or on the bottom fighting for your life. This program was developed and is conducted by US Fighting Systems. Student will be issued a certificate of completion for **Ground Survival Tactics - Escapes. Learn to work within your own physical limitations.**

Topics covered in this program are:

- Escaping the Mount
- Escaping from Larger attackers
- Trapping limbs
- Clothing and environmental issues
- Blocking Mounts
- Sport vs. Real Encounters
- Criminal and civil liabilities
- Clothing and environmental issues
- Intervention options
- Disengagement Strategies

Duration: **Basic 4 Hours**
 Basic Instructor 12 Hours

Tuition: **\$TBA**

Equipment Required: Clothing and footwear for dynamic activity and self-defense instruction, notebook and pen, 50 3x5 index cards with whistle and lanyard. Personal protection gear recommended elbow and knee guards, groin protection and mouthpiece. **No recording or taping devices allowed. We will offer you additional access upon completion of the seminar.**

Visit
www.usfightingsystems.com

1/1/2015

