



## US FIGHTING SYSTEMS

[www.usfightingsystems.com](http://www.usfightingsystems.com)

### HANDGUN RETENTION (OUTSIDE THE HOLSTER)-ICP

This “Specialized” program is a series of real world based programs designed to educate, train and prepare you in Empty Hand Survival Tactics that are field tested and proven for winning real world attacks. This course is designed to enhance not only the physical response but in the mental commitment, emotional trauma and the legalities that follow these violent and dangerous attacks. The Firearm; in America is recognized as the American Martial Art, and the possibility exists if you are carrying a firearm learning how to retain **control of your firearm when in a struggle when it is out of the holster and in your hands** it is vital to survival. Being able to retain, control and even deploy your firearm while it is inside the holster is vital to not only in winning but your saving life! This program was developed and is conducted by US Fighting Systems. Student will be issued a certificate of completion for **Handgun Retention – OUTSIDE the Holster.**

#### **Topics covered in this program are:**

- Tactical Grips
- Laser Rule
- Shielding and Guarding
- Control and Retention Tactics Grip and Hold Techniques
- Controlling your firearm in a struggle
- Stunning/Striking Tactics
- Greater Danger Concept
- Close Quarter Firearm techniques
- Barrel Punching and Striking
- Clothing and environmental issues
- Liability and legal issues

**Duration:**      **Basic 4 Hours**  
                         **Basic Instructor 12 Hours**

**Tuition:**        **\$TBA**

**Equipment Required:** Clothing and footwear for dynamic activity and self-defense instruction, notebook and pen, 50 3x5 index cards with whistle and lanyard. Personal protection gear recommended elbow and knee guards, groin protection and mouthpiece. **No recording or taping devices allowed. We will offer you additional access upon completion of the seminar.**

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